serena's lunar calendar 2021–22

northern hemisphere edition | A4 (low ink)

Time took on a strange new form in the pandemic. I've noticed myself grow increasingly detached from the nominal week / month view of the Gregorian calendar. I began to observe time passing in nature: the moon changing shape, flowers budding and blooming, trees shining cool green, brilliant orange, and then bare. In a time when everything seems to happen in a digital space, paying extra attention to the world outside feels grounded, replenishing, real.

I've also been taken with this idea of "Wintering" as described by author Katherine May. This reminder that life goes through cycles of ups and downs, of frantic excitement and of pensive sadness. That these periods of quiet, of detachment, are important. That so much of our ailments result from us trying to avoid and distract from sadness, or any kind of emotional pain. How easy it is for us to forget that after every winter, no matter how bitterly cold, comes growth. After survival, a flourishing.

This minimal lunar calendar is an attempt to be more cognizant of the world outside our screens. The "months" are bookended from one new moon to the next, with the solstices, equinoxes and mid-seasons marked. Days flow from top to bottom, then left to right. The first day of each column is the start of a new phase of the moon (new, first quarter, full, third quarter). The exact time of each phase might be occasionally one day off depending on where you are in the world. Astronomical events such as eclipses, notable meteor showers, are also noted. Planets in opposition are marked also — a great time to find them in the night sky, when they're shining at their brightest.

As the world outside goes through its own cycles of summers, winters; phases of light and dark, I hope it reminds us to be patient with ourselves as we go through our own phases in life.

—Serena

how to use this calendar

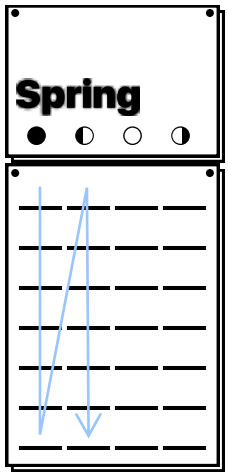
1. Print out every page except this one.

2. The heading sheets (that say "Spring", "Summer", "Autumn", "Winter") are to be hung *above* the month, and can be folded or cut in half. Change this on the equinoxes and solstices.

3. Below the heading sheet, hang the current month.

Hang these however you like (tacks, clips, hole punch + hooks. Write on it as much or as little as you like. The beauty of a minimal design is its flexibility. Make it yours.

For the low-ink version, use a black marker to colour in the headings and phases of the moon. For the moon phases, fill in the crossed out areas.



read from top to bottom, then left to right

key

weekdays

weekends

equinoxes

solstices

super full moon

solar eclipse

Spring

Summer

Autumn

Winter

13	21	28	4
14	22	29	5
15	23	30	6
16	24	31	7
17	25	1 April	8
18	26	2	9
19	27	3	10
20 ♎			11

Spring Equinox

12	20	27 ○	3
13	21	28	4
14	22	29	5 🌱 Midspring
15	23	30	6 Eta Aquarids Meteor Shower
16	24	1 May	7
17	25	2	8
18	26		9
19			10

11	19	26 ○ Total Lunar Eclipse	2
12	20	27	3
13	21	28	4
14	22	29	5
15	23	30	6
16	24	31	7
17	25	1 June	8
18			9

10 ●	18	24	1 July
Annular Solar Eclipse			
11	19	25	2
			Matariki
12	20	26	3
13	21 ⊙	27	4
	Summer Solstice		
14	22	28	5
15	23	29	6
16		30	7
17			8
			9

10	17	24	31
11	18	25	1 August
12	19	26	2 Saturn at Opposition
13	20	27	3
14	21	28	4
15	22	29	5
16	23	30	6 ☀️ Midsummer
			7

8	**15**	**22**	**30**
		Blue Moon	
9	**16**	**23**	**31**
10	**17**	**24**	**1 September**
11	**18**	**25**	**2**
12	**19**	**26**	**3**
Perseids Meteor Shower	Jupiter at Opposition		
13	**20**	**27**	**4**
14	**21**	**28**	**5**
		29	**6**

7	13	21	29
8	14 Neptune at Opposition	22 ♎ Autumnal Equinox	30
9	15	23	1 October
10	16	24	2
11	17	25	3
12	18	26	4
	19	27	5
	20	28	

6	13	20	28
7	14	21	29 Venus at Greatest Eastern Elongation
8	15	22	30
9	16	23	31
10	17	24	1 November
11	18	25	2
12	19	26	3
		27	

4	11	19	27
5  Midautumn Uranus at Opposition	12	20	28
6	13	21	29
7	14	22	30
8	15	23	1 December
9	16	24	2
10	17	25	3
	18	26	

4 ●	11	19	27
Total Solar Eclipse			
5	12	20	28
6	13	21 ⊙	29
	Geminids Meteor Shower	Winter Solstice	
7	14	22	30
8	15	23	31
9	16	24	1 January
10	17	25	
	18	26	

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Mercury at Greatest Western Elongation

17

18

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31

1 February	**8**	**16**	**23**
Lunar New Year			
2	**9**	**17**	**24**
3 ❄️	**10**	**18**	**25**
Midwinter			
4	**11**	**19**	**26**
5	**12**	**20**	**27**
6	**13**	**21**	**28**
7	**14**	**22**	**1 March**
	15		